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DAVU/2019/DA/12.19  
11/04/19

To

Dean Academics,  
DAV University, Jalandhar

Subject: PG Diploma in counselling and positive Psychology

Respected Sir,

This is request you to allow us to start post graduate Diploma in counselling and positive Psychology w.e.f the session 2019-2020. The details of the course are attached here with.

With Regards,

Dr. Jasbir Rishi

Dean Student's Welfare

DAV University, Jalandhar

1. May please approve as proposed and received through e-mail.

10/4/19

2.   
11/4/19

DAV UNIVERSITY  
No. VCIDAVU/11/169  
Dated: 11-4-19  
JALANDHAR

3.   
11-04-19  
Registrar

### Post graduate diploma in Counseling and Positive Psychology

Post Graduate diploma in Counseling and Positive Psychology will provide students the requisite educational training to develop professional skills. In this diploma, students will expand their understanding of counseling techniques, counseling literature; which are the key features of effective counseling practice. As Positive Psychology focuses on leading meaningful and fulfilling lives, to cultivate what is best within, to enhance the experiences of work, emotions and life; it will be incorporated in this course. Theoretical knowledge and skills used in Positive Psychology will be taught. Thus, the Post Graduate diploma in Counseling and Positive Psychology gives an opportunity to study a course that not only heals psychological damage but also builds strengths to enable individuals to achieve the best things in life and help others do the same. It will provide opportunity to develop professional skills for pursuing career in Counseling.

Eligibility	Graduation <del>with the subject of Psychology</del> with 50% of aggregate, OR Post Graduation in Psychology with 50% of aggregate
Duration	1 year diploma  1 <sup>st</sup> Semester- 4 theory papers + practical.  2 <sup>nd</sup> Semester- 6 months training.

#### Career Prospects:

The students may be employed as professional counselors in:

Government institutions, Non Government institutions, Hospitals, Schools., De-addiction and Rehabilitation Centers or they can Start their own Clinic to help the society

OR

Post Graduate diploma in Guidance & Counselling  
PG Diploma in Counselling and Positive Psychology

(PGDCPP)

**Course scheme**

**Semester I**

	Subject	Credits	Total credits
PSY 581	Mental Health	4	16
PSY582	Counselling psychology	4	
PSY583	Therapies and emerging trends	4	
PSY584	Project work /Dissertation	4	

4 credits → assessment paper to be added

**Semester II**

	Subject	Credits	Total Credits
PSY 585	Positive psychology	4	16
PSY586	Application of Counselling techniques	4	
X PSY587	Internship	8 (no credits)	

4 credits assessment paper to be added.

[keep Internship hours mandatory not as credits]

# DAV UNIVERSITY

## JALANDHAR

### Department of Psychology

#### Proceedings of Meeting

The meeting of the Board of Studies, Department of Psychology was held in Psychology Department, Room no AC-9, Academic block, on December 17, 2019 at 11a.m.

The following members were present in the meeting:

1. Dr. Jasbir Rishi, Coordinator/ Head of Psychology, DAV University.
2. Dr. Navdeep Singh Tung, Professor, Department of Psychology, Guru Nanak Dev University, Amritsar. (External Expert).
3. Dr. Nakul Kundra, Assistant professor, English, DAV University.
4. Dr. Manju Deorari, Assistant professor, Physical Education, DAV University.
5. Ms. Harjot Kaur, Assistant professor, Psychology, DAV University.
6. Ms. Prabhjot Kaur, Assistant Professor, Psychology, DAV University.

#### Agenda of the Meeting:

1. To review the syllabus for M.A. Psychology for the upcoming session 2020-21 and consider the *changes for the same if required.*
2. To seek approval for the course scheme and syllabi for the Post-Graduate Diploma on Counseling and Positive psychology for the current session 2019-20.
3. To review the syllabi for the Value –added Certificate Course in Positive Psychology.

#### Signatures of the members present:

1. Jasbir Rishi

2. Nakul Kundra

3. N.Singh

4. Manju Deorari

5. Hkaur  
10645

6. Prabhjot Kaur.

4. The changes suggested for interdisciplinary course code **CSA 560 Educational Technology and ICT** are that the credits for this subject in coursescheme is suggested to be changed to 4, with 3 credits for theory and 1 ( 2 hours ) for practical.
5. **15-days** compulsory Internship in each semester.
6. **Dissertation** can be considered in 3rd and 4<sup>th</sup> Semester, as equivalent to two Elective subjects of 4 credits each.

#### **Changes proposed for P.G Diploma in Counselling and Positive Psychology**

- 1) The name of the course suggested by the committee members as 'Diploma in Guidance and Counselling'.
- 2) The revision of the course content was suggested for course code **PSY582**.
- 3) In both semesters the Psychological assessment topics need to be incorporated in the scheme.  
Semester-1 : one course of assessment highlighting intelligence, creativity, neuropsychological batteries.  
In semester-2 : assessment course highlighting personality, aptitude, internship was suggested to be included.
- 4) It was suggested that dissertation should be part of evaluative criteria in semester-II Course scheme.